



Join your classmates in celebrating the many benefits of walking on:

Why Participate?

- It's great exercise!
- Have fun walking with family and friends.
- Learn safe walking skills.
- Reduce traffic congestion near your school.
- Show your concern for the environment.

How to Participate:

- Join a walking school bus and walk to school with your neighbors!
- Walk to your school bus stop and ride the bus to school!
- Walk to school with your friends and family!

Walking Safety Tips

On your walk, talk to your child about the best walking route to and from school. It is always best to walk on a sidewalk, or walk facing traffic if there is no sidewalk. Cross at corners and marked crosswalks, looking left, right, and left again, before crossing. Continue looking until you have crossed the street.

